

# Creative Kids Learning Centres

Planting The Seed For Further Education

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## Sample Summer Lunch Menu

### Session #1

M = Pancakes, watermelon, veggie and dip  
T = Homemade pizza, chips and salsa, apples, bananas  
W = Tuna or ham sandwiches, veggie and dip, banana muffins  
Th = Hotdogs, watermelon, strawberries, marshmallows  
F = Spaghetti, watermelon, apples, ice cream sandwiches

### Session #2

M = Chicken noodle soup, bran muffins, celery and cheese, cucumbers  
T = Pizza, cantaloupe, honeydew, cheese whiz and crackers  
W = Rice, peas, pineapples, blueberry muffins, bananas  
Th = Hotdogs, marshmallows, kiwi, watermelon  
F = Tuna or ham boat sandwich, veggie and dip, apples, ice cream cones

### Session #3

M = Macaroni and cheese, apples, veggie and dip  
T = Homemade pizza, watermelon, chips and salsa  
W = Grilled cheese sandwiches, bananas, oranges  
Th = Hotdogs, watermelon, popcorn, marshmallows  
F = Spaghetti, apples, veggie and dip, ice cream sandwiches

### Session #4

M = Bagels and cream cheese, bananas, oranges, veggie and dip  
T = Homemade pizza, strawberries, honeydew, pickles  
W = Rice, carrots, pears, chips & salsa  
Th = Hotdogs, marshmallows, celery, watermelon  
F = Spaghetti, grapes, blueberries, peppers, apples, Popsicles or freezes